Level 1 Irresponsibility

- Pushing when selecting equipment
- Laughing at others
- Talking to friends when the teacher is talking
- Blaming others for your problems

Level 2 Self Control

- Not getting angry at others because they did something to upset you
- Having control over yourself and not letting behavior of others bother you

Level 3 Involvement—Good for You

- Trying new things without complaining or saying “I can’t”
- Participating even when you may not like the activity

Level 4 Self-Responsibility—Good for You AND Others

- Practicing a new skill without being told
- Cleaning up without being asked
- Willingly working with anyone in the class
- Helping someone who is having difficulty

Level 5 Caring—Good for Others NOT You

- Doing what is best for the class even if it is hard for you
- Doing what is right even if friends are not
Levels of Responsibility

Level 5- Caring
Students are motivated to extend their sense of responsibility by cooperating, giving support, showing concern and helping others in physical education.
Some of the physical education indicators are: helping someone who is having difficulty with a skill, helping a new student feel welcome, willing to work with anyone in the class, understanding that other people really matter and individual differences are okay, etc.

Level 4- Self-Responsibility
Students who learn to take more responsibility for their choices and for linking those choices to their own identities. These students are able to work without direct supervision, eventually taking responsibility for their intentions and actions.
Some of the physical education indicators are: wearing appropriate clothing for physical education class, practicing a new skill independently during class, following directions the FIRST TIME, returning equipment safely and carefully, etc.

Level 3- Involvement
Students who are showing self-control, and are involved in the subject matter or activity.
Some of the physical education indicators are: working with others, listening to instructions and staying on task, participating even if you may not like the activity, trying a new skill without complaining or saying, "I can't", etc.

Level 2- Self Control
Students who may not participate fully in the day’s activity or show much mastery or improvement, but are able to control their behavior enough so that they do not interfere with other students’ right to learn and the teachers’ right to teach.
Some of the physical education indicators are: waiting until appropriate time to talk or ask questions, having control over yourself and not letting behavior of others bother you, not getting angry at others because they did something to upset you, standing around instead of staying on-task during activity, etc.

Level 1- Irresponsibility
Students who are unmotivated and/or undisciplined. Their behavior includes discrediting or making fun of other students involvement, as well as interrupting, intimidating, manipulating, and verbally or physically abusing other students and perhaps the teacher.
Some of the physical education indicators are: calling other students names, laughing at others, talking to friends while the teacher is giving instructions, interfering with other students learning, pushing and shoving when selecting PE. equipment, etc.

MODEL appropriate behaviors: respect, positive attitude, etc. Students do not care how much you know until they know how much you care—yet students know that your physical education classroom is a place where ALL children will be treated with dignity and respect and follow through on your words with appropriate actions!

Getting Started with the Program:
1. Have a definite starting point. When introducing the model, give students specific examples of what actions constitute various levels of responsibility in the physical education setting. Use a lot of "teachable moments" to help students understand the levels.
2. Post the Levels of Behavior Chart where it can be visible during physical education class. Have a permanent bulletin board in the gym for the program, but also make an extra copy of the chart that can be placed on a cone for outdoor classes or brought to the classroom on rainy days, etc.