CGO Task Presentation
Effective Task Presentation

- Should be clear
- Should be concise
CGO Method

- \( C = \text{Content} \)
- \( G = \text{Goal} \)
- \( O = \text{Organization} \)
Content

- The skill that is being taught
- Any specific cues that will be observed
- Example “Today we will be practicing the underhand throw. I will be watching you to be sure that you are stepping forward on the foot that is OPPOSITE your throwing hand”
Goal

• The reason for practicing
• The motivation continuing the activity
• Example “Try to hit the target as many times as you can.”
Organization

• The means for grouping, starting and stopping the activity, getting equipment, etc.

• Example “You know your station numbers, go to them, read the directions, select a piece of equipment and begin”